EPC@R

### Reason for the fluoride interruption

EPCOR is upgrading one of our Water Treatment Plants to improve capacity and continue to deliver great tasting, quality water. While we complete these upgrades there will be a temporary interruption in our E.L. Smith Water Treatment Plant fluoridation system beginning September 3, 2019.

We anticipate the interruption will last for approximately seven months while construction on the upgrade takes place.

## **Our Regional Water Customers**

There are several municipalities that receive their water from our E.L. Smith plant. The following municipalities will have their fluoride temporarily interrupted: Beaumont, Leduc, Morinville, Nisku, Onoway, Spruce Grove, St. Albert, Stony Plain, and Sturgeon Valley. For a complete list please visit <u>epcor.com/fluorideinterruption</u>.

# What should I do?

Alberta Health Services (AHS) has recommended using a fluoridated toothpaste and scheduling a regular dental checkup during the temporary interruption. AHS always recommends eating healthy foods that are low in sugar to help fight against cavities and other dental health issues.

#### Is water without fluoride safe to drink?

During this temporary interruption the water is perfectly safe to drink. There will be no change in taste or colour, the only difference will be the absence of fluoride providing additional dental health benefits.

# I'd like more information on fluoride

If you have questions or want more information on the health benefits of fluoride, please contact Alberta Health Services' Health Link 24/7 by dialing 811 or visit <u>MyHealth.Alberta.ca</u>